

Good morning,

I have a couple of our executive members here with me today. Viviana who is our new Vice President and Savanna who is our new Social Justice Chair.

My name is Lara and I am a member of our parish Catholic Woman's League. I live in Sylvan Lake with my husband Matt and our dog Misty. My husband works in the oil field, and I have my own home-based business.

I decided to join the CWL 7 years ago to learn more about the organization, make new friends and take part in spiritual fellowship.

Since then, I have learned so much other than partaking in bake sales and luncheons.

Did you know....

- The CWL helped to bring in family allowance?
- Helped to legislate labelling on prepackaged foods?
- Helped bring awareness to fetal alcohol syndrome?

This is just a small sample of many areas the CWL have directly or indirectly influenced our country over the last 104 years.

Is there a world issue or legislation that you would like to change? Perhaps there is a spiritual lesson you would like to share? Is Catholic education important to you and you want to keep it in Alberta? Why not join one of our committees and help be the change.

We need more CWL members. Too busy? Too tired?? That is OK! Just by being a member, you're adding your name to the petitions that we send to the government to create change on the national level. That alone makes a huge difference. You don't have to attend events or meetings or volunteer your time. You can be as young as 16 or as old as the Greatest Generation. You can also be non-Catholic and join as an associate member. If you are interested in attending one or more of our meetings, we only have one fun and fellowship meeting on the 2nd Wednesday of every month. Come get to know your fellow parishioners, have fun, be a change maker and learn new things. Or make a difference by just adding your name to create change. Some fun events that will be taking place throughout the 2025 year are a cooking class, pottery painting, wine and cheese tasting and more.

Some of the many non for profits that we support are the Central Alberta Women's Shelter, Euthanasia Prevention Coalition and the Central Alberta Pregnancy Care Centre.

If you have any questions or would like to join, we will be in the narthex after mass. The cost is only \$40!!!

Hope to see you there!!!